

Program Physical Demands Analysis

| Program | Electrome | | | ngine | ering | Tech | nician - Date | | | M | May 2021 | | | |
|--|------------|--------------------------|--|----------|-------------|---|-----------------------------------|------------------|---------------------------|----------|-------------------------|-------------|----------|-------|
| Co-Ordinator | Al Dougla | otics (T976) ouglas | | | | | Chairperson | | | J. | John Byng | | | |
| | | • | | | | | | | | | | | | |
| | | | 104 | FIGUE | | TREN | <u>GTH</u> | | * EDEO | IENO | / | | | |
| Physical Demands | | WEIGHT Maximum Usua | | | 1 | | | * FREQU | | | | | | |
| - | | (in lbs) | | | (in lbs) | | Never | Never Seldom Mir | | Required | | a | Major | |
| Lifting Carrying | | 20 20 | | | 5 5 | | | | | | $\underline{\boxtimes}$ | | | 1 |
| Pushing | | | | | 5 | | | | | | | | 1 | |
| Pulling | | 20 | | | 5 | | | | | | \square | | | |
| Fine Finger Movemer | nts | | | | | | | | | | | | | |
| Handling Gripping | | | | | | | | | | | | | | |
| Reaching (Above Sho | | | | | | | | | | | | | | |
| Reaching (Below Sho | oulder) | | | | | | | | | | | | |] |
| Foot Action (1 Foot) Foot Action (2 Foot) | | | | | | | | | | | | | - | |
| Comments: | | | | | | | | | | 1 | | | | 4 |
| | | | | | | | | | | | | | | |
| MOBILITY | | | | | | SENSORY / PERCEPTUAL | | | | | | | | |
| | | ° FR | | NCY | | | | | | | * FREQUENCY | | | |
| Physical Deman | ds š | Never Seldom Minor | | | Major | | Physical Demands | | | Never | Seldom | Minor | Required | Maior |
| | Ne | Selo | M | Required | W | | | | Ne | Sel | M | Req | W | |
| Throwing | | | | | | He | aring – Co | nversation | | | | | | Г |
| Sitting | | | | | | Hearing – Other Sounds | | | | | | \boxtimes | | |
| Standing Wolking | | | | | | Vision – Far Vision – Near | | | | | | | | |
| Walking Running | | | | | | Vision – Colour | | | | | | \parallel | | |
| Climbing | | | | | | Vision – Depth | | | | | | | | |
| Bending/Stooping | <u> </u> | | | | | Perception – Spatial Perception – Form | | | | | | | | |
| Crouching Kneeling | | | | | | Feeling | | | | | | | ╎┝ | |
| Crawling | | | | | | Re | ading | | | | | | | |
| Twisting | | | | | | Writing Speech | | | | | | | | |
| Balancing Comments: | | | | | | | eecn mments: | | | | | | | |
| | | | | | | | | | | | | | | |
| <u>WC</u> | ORK ENVIRO | VIRONMENT * FREQUENCY | | | | | CONDITIONS OF WORK * FREQUENCY | | | | | | | |
| | | | | | | | | | | | | | | |
| Physical Deman | Never sp | Seldom | Minor | Required | Major | Physical Demands | | | Never | Seldom | Minor | Required | Maior | |
| Inside Work | | | | | | | avelling | | | | | | | Ē |
| Outside Work Hot/Cold | | | <u>⊢ </u> | | ┝┝┥┥ | | ork Alone | ndent but in g | Iroup | | <u> </u> | ⊢ H | | ╎┝ |
| Humid/Dry | | | | | ┝╞┤ | De | adline Pres | ssures | Joup | | | | | ╞ |
| Dust | | | | | | Int | eract with | Public | | | | | | |
| Vapour Fumes | | | | | | | | pment/ Mach | inery | | | | | |
| Noise Moving Objects | | | | | \square | Co | mments: | | | | | | | |
| Moving Objects Hazardous Machines | | ┼╞┤ | ┝┝┥ | ╞╞┤ | | | | | | | | | | |
| Electrical | | | | | \boxtimes | | | | | | | | | |
| Sharp Tools etc. | | | | | | | | | | | | | | |
| Radiant/Thermal Ene Slippery | | ┼┝┤ | | | \boxtimes | | | | Accessib | lity | | | | |
| Congested Worksite | | | | | | W | neelchair a | ccessible | | | ⊠ y | es | 🗌 no |) |
| Comments: | | | · · | | | | mments: | | | | | | | |
| Indsutrial environme work to extreme heat | | a factory | y floor. | - | /pe | | | heelchair aco | cessible, b bly be whe | | | | | |

| Minor | . Minor daily activity. | Less than 1 hour |
|----------|-------------------------|---------------------|
| Required | .Frequent repetition, | for 1-3 hours daily |

Major......Major job demand. Maximum ability required. Frequent repetition for more than 3 hours daily.